

*Project be*  
**project be**  
believe | belong | become

**BECOME**  
**WEEK EIGHT**

## MORE LIKE HIM

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*He must become greater; I must become less.*  
**John 3:30**

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The ministry of Jesus overlapped with the ministry of John The Baptist. Rather than having any resentment about losing his followers, John saw it as his greatest joy that as Jesus increased, he must decrease (John 3.29-30). In the same way, to become more like Jesus, we need more of Him and less of ourselves. So how do we allow more of Him to shape our lives?

## WE ARE NOT ALONE

The first thing we must remember is that we are not alone. Jesus left us a helper 'just like Him', the Holy Spirit. The Bible tells us that the Holy Spirit guides us:

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### **Into Truth**

*"But when He, the Spirit of truth, comes, He will guide you into all the truth".*  
**John 16:13**

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### **Into Freedom**

*So I say, walk by the Spirit, and you will not gratify the desires of the flesh.*  
**Galatians 5:16**

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### **Into Purpose**

*“The Spirit of the Lord is on me, because He has anointed me to proclaim good news to the poor.”*  
**Luke 4:18**

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### **Into Wisdom**

*“Do not worry about what to say or how to say it. At that time you will be given what to say, for it will not be you speaking, but the Spirit of your Father speaking through you.”*  
**Matthew 10:19-20**

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### **Into God’s Will**

*“For it seemed good to the Holy Spirit and to us...”*  
**Acts 15:28**

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### **Into Strength**

*In the same way the Spirit helps our weakness.*  
**Romans 8:26**

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Where do you need to ask the Holy Spirit for help in becoming more like Jesus?

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## PRACTISE DISCIPLINES

### **Study & Meditate**

The Bible talks about renewing our mind. One of the best ways to do this is to study and meditate on the word of God. The Bible says that all scripture is helpful for correction, teaching and training so that we may be thoroughly equipped for every good work. Let's meditate on that.

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*Blessed is the man who delights in the law of the Lord, and on His laws He meditates day and night.*  
**Psalm 1:1-2**

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### **Thankfulness & Praise**

Thankfulness is the beginning of joy. The Bible instructs us to worship and this is not just through singing in church on Sunday. Worship can be part of everything that we do, from our jobs, to how we take care of our bodies, to how we speak. Let everything that has breath praise His name!

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*Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.*  
**Psalms 100:4**

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### **Prayer & Fasting**

Communication is key to any relationship and it is no different with God. The Bible teaches us to pray to our Father God, it even includes an instruction manual! We are told to never cease in our praying, to pray to Him at all times and in all situations.

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*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.*  
**Philippians 4:6**

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## **Giving & Serving**

The Bible talks about renewing our mind. One of the best ways to do this is to study and meditate on the word of God. The Bible says that all scripture is helpful for correction, teaching and training so that we may be thoroughly equipped for every good work. Let's meditate on that.

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*Dear children, let us not love with words or speech but with actions and in truth.*  
**1 John 3:18**

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Part of becoming like God is to mirror Him. He is a giving and generous God and when we are giving and generous in our love, we reflect His very heart. But like any discipline this takes intentionality and action from us.

Remember, these disciplines in themselves do not change us, what changes us is submitting to the One who is holy and allowing His transformative power to help us become more like Him. Today, pick one of these disciplines that you feel you need to grow in and commit to start practicing it this week.

## **CHOOSE TO BE LIKE HIM**

Ultimately it is our choice to become like Him. To allow His presence, His power, His love to transform us through His Holy Spirit and to create fruit in our lives. Through our daily disciplines to work to renew our minds and allow His transformational power to move in us.

Let's PARK together! Let's remember how God has equipped us with His word and with the Holy Spirit so that we can become more like Jesus.

# *Park* **P.A.R.K**

## **PRAY**

Make prayer a central part of your gathering

## **AFFIRM**

Emphasise what God's word says and how we can build our lives on it

## **REMEMBER**

Take a moment to remind ourselves of God's goodness and faithfulness

## **KNOW**

Commit to what we have learned and how we can take these truths into our week

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